

Effect of Dietary Phytobiotics Supplementation On Growth, Serum Biochemical And Chemical Composition Of Nile Tilapia (*Oreochromis Niloticus*).

H.S. Abdo¹; M.S. Hassaan²; H.D. Tonsy¹; A.L.M. El-Sayed²

¹Dept. of By- Product utilisation Research - Animal Production Research Institute, Agricultural Research Center Dokki, Giza, Egypt.

²Animal Production Department, Faculty of Agriculture, Benha University, Benha, Egypt.

Corresponding Author: hany2010505@yahoo.com

Abstracte

A Factorial experiment (2×2) was designed to investigate the effect of dietary phytobiotics (onion and thyme powder) and their interaction on growth, feed utilization, serum biochemical and chemical composition of whole Nile tilapia. Four experimental diets were formulated; Diet 1 without addition, Diet 2 containing 5.0 g kg^{-1} onion powder, Diet 3 containing 5.0 g kg^{-1} thyme powder, Diet 4 containing 5 g onion powder + 5 g thyme powder kg^{-1} diet. Each treatment group was assigned randomly in duplicate groups of 25 fish ($4.51 \pm 0.01 \text{ g/fish}$) in 8 plastic tanks for 84 days. The highest values of FBW, WG and SGR (%), PPV, FR and ER were recorded in Diet 4 but, the highest value of PER was obtained by fish fed diet Diet 2 supplemented with 5 g kg^{-1} diet onion. The best value of FCR was obtained in groups Diet 4. ALT and AST activites were significantly decreased by addition of onion and thyme powder (5 g kg^{-1} diet). Whereas, the lowest total protein, globulin and albumin values were estimated by fish fed on Diet 1. Supplementation of onion and thyme powder (5 g kg^{-1} diet) in the diets of Nile tilapia significantly effected on CP of whole – body of tilapia.

Keywords : Onion powder, thyme powder, growth, Nile tilapia, phytobiotics

Introduction

Aquaculture production sector must be increased in order to increase the human population, especially food-fish contribution from capture fisheries is levelled off (FAO, 2018). Feed addidtives have been an increasingly a well-known management technique in aquaculture production systems, where abundant supplements have established an efficiency to enhance the fish immune response or controlling the severity of infections under intensification (Menanteau-Ledouble *et al.*, 2015; Hassaan *et al.*, 2020).

Phytobiotics feed additives, commonly known as PFAs, are plant origin substances included in the feed of animals at changeable levels with the sole purpose of enhancing animal performance (Hassaan and sultan 2016; Fawole *et al.*, 2020). Herbs, spices and essential oils are major groups of PFAs which serve as sources of bioactive compound (e.g. alkaloid, terpenoid, quinone, polyphenols and flavonoids) as well as are known to have antimicrobial, antifungal, antiviral and antioxidative properties (Yang *et al.*, 2015). Furthermore, It has a wide variety of another properties such as: anti-parasitic, growth promoters, appetite enhancement, stimulant of secretion of bile and digestive enzyme activity (Cristea *et al.*, 2012).

Over the last few years great attention was being given of the effects of inclusion phytobiotics as growth promoters and immune stimulants in aquaculture (Aanyu *et al.*, 2018). Several investigations have been conducted to study the effects of phytobiotics on the growth response of fish fed diets supplemented (Hassaan and sultan 2016; Fawole *et al.*, 2020) for enhancing growth

performance and immune status of fish (Al-Sagheer *et al.*, 2018). Rainer and Lea (2015) found that inclusion a mixture of natural growth promoter compounds shows higher growth-boosting power than single phytobiotics because of the symbiotic effects of the interlinkage between bioactive molecules in the different phytobiotics products (Costa *et al.*, 2013).

Onion, *Allium cepa* is a multipurpose and commonly used traditional spice in foods. It is richly packed with flavonoids, phenolics, saponins and sulphur compounds (Mousavi *et al.*, 2016; Fawole *et al.*, 2020). Onion also contains valuable trace minerals such as selenium, a strong antioxidant (Durigon *et al.*, 2019), and quercetin which play a vital role in the reduction in oxidative stress in fish (Pêôs *et al.*, 2018).

Thyme is an herbaceous perennial plant belonging to the Lamiaceae family. It includes thymol (44-60%) and carvacrol (2.2–4.2%) an essential oil having strong antiseptic properties, rich in antioxidants, potassium, magnesium and vitamins A, B and E (Alçicek, 2011). On other hand thyme has strong antimicrobial, antifungal, antiviral, antiprotozoal, antioxidant activity and digestion stimulating due to its very high contents of thymol (40%), carvacrol (15%), p-cymene, eugenol and 4-allylphenol (Gültepe *et al.*, 2014; Dorojan *et al.*, 2014).

The use of phytoadditives either singly or in combination has been reported to enhance a numeral of physiological processes in fish. The use of phytoadditives either singly or in combination has been reported to enhance a numeral of physiological processes in fish. In general, afromentioned results recommend that different type of phytobiotics have a

positive effects on aquatic animals, but need to more investigation to show thier effects on performance responce. The main objective of the current trial was to identify the effect of phytobiotics compounds (onion and thyme) and their interaction on growth and feed efficiency, serum-biochemical indices, and chemical composition of whole Nile tilapia.

Materials and Methods

Experimental design

A factorial experiment (2×2) was designed to study the main effects of phytobiotics (onion or thyme) and and their interaction on growth performance, feed utilization, chemical composition of whole-body fish and serum biochemical parameters of Nile tilapia (*Oerocromis niloticus*).

Fish and culture technique

Tilapia fingerlings (mono-sex male) were obtained from private farm (El-Sahaba hatshry, Tolmbat 7, Kafr Elsheikh Governorate, Egypt). Fish were acclimated to the experimental conditions for two weeks at Faculty of Agriculture Fish Laboratory, Benha University in cement pond ($3 \times 4 \times 1.25$ m). During the acclimation period, fish were fed control feed (30 % crude protein) at three time dialy rate of 3% of total biomass for 2 weeks to adapt the artificial diet and conditions of the trail. After the acclimatization period the experimental fish were randomly distributed into eight plastic tanks (0.5 m^3 for each) representing the four treatments studied with two replicates.

A set of 200 fish of *O. niloticus* L. mono-sex male fingerlings with an average initial body weight of 4.51 ± 0.01 g/fish were used in this trail. Twenty five fish were randomly stocked into each tank with two replications for each treatment. Each tank was supplied with automatic heater (300 watt) to maintain the water temperature (26-28 °C). About $1/3$ of water volume in each tank was daily replaced by aerated fresh water after removing the accumulated excreta. A photoperiod of 12-h light, 12-h dark (06:00–18:00 h) was used via fluorescent ceiling lights supplied the illumination.

During the 84-day experimental period, experimental groups of tilapia were hand-fed at a rate of 3% of body weight three times daily at 09:00 am 12:00 pm and 14 pm. Every two weeks, all fish were taken from each tank, then weighted and the amount of feed was adjusted according to the changes in their body weight through out the experimental period. Feed intake was calculated at the end of trial. Water temperature ranged from 26.10 to 28.25°C; dissolved oxygen (DO) ranged between 5.32 and 6.81 mg l⁻¹; pH values ranged between 8.04 and 8.30 and total ammonia ranged from 0.18 to 0.2 mg l⁻¹ for the

different treatments during the entire experimental period (84-days) of the study.

Diets preparation

Four experimental diets were formulated to contain approximately 30.35 % crude protein and 19.29 MJ kg diet⁻¹ gross energy, which have been shown to be sufficient to support the optimal growth of *O. niloticus* (Table 1). Diet 1 : Diet 4 were supplemented with 0, 5 g kg⁻¹ diet onion powder, 5 g kg⁻¹ diet thyme powder and 5 g onion powder + 5 g thyme powder kg⁻¹ diet, respectively.

All dry ingredients were thoroughly mixed with soybean oil, and vitamins and minerals mixture, and then passing the mixed feed through a laboratory pellet mill (2-mm die) in National Institute of Oceanography and Fisheries, Cairo Governorate, Egypt (CMP California Pellet Mill, San Francisco, CA, USA), and stored at -20 °C until used.

4. Growth performance and feed utilization parameters

Live body weight (g) was determined in all fish from each tank every 14 days during the experiment. Growth performance parameters were measured with the following equations: Condition factor (K) = $W/L^3 \times 100$, where W = weight of fish in g; L = total length of fish in cm; weight gain (WG) = final weight (g)-initial weight (g); specific growth rate (SGR, %) = $(\ln W_2 - \ln W_1)/t \times 100$, where \ln = the natural log, W₁ = first fish weight, W₂ = subsequent fish weight in grams, t = period in days; feed conversion ratio (FCR) = feed ingested (g)/ weight gain (g); protein efficiency ratio (PER) = weight gain (g)/protein ingested (g); protein productive value (PPV, %) = protein gain of whole fish (g)/protein intake (g) × 100; energy retention (ER, %) = energy gain (g)/(energy intake) × 100.

Blood Sampling and biochemical indices

At the end of the experiment, blood samples were collected from the caudal vein of fish in all treatments. The blood sample was allowed to clot at 4°C and centrifuged at 3000 rpm for 10 min. The non-hemolyzed serum was collected and stored at -20°C until use. Levels of serum aspartate aminotransferase (AST) and alanine aminotransferase (ALT) were estimmated according to the method described by **Reitman and Frankel (1957)**, and serum creatinine was measured by calorimetric and enzymatic determine cation methods as described by **Henry (1974)**. Total serum protein and albumin were determined according to **Henry (1964)** and **Wotton and Freeman (1982)**, respectively. However, globulin was calculated by subtracting albumin from total protein according to **Coles (1974)**.

Table 1. Ingredients (g kg⁻¹ diet) and proximate chemical analysis of the experimental diets (% on dry matter basis)

Ingredient	Diet NO. (Onion g/Thyme g)			
	Diet 1 (0/0/0)	Diet 2 (5/0/0)	Diet 3 (0/5/0)	Diet 4 (5/5/0)
Fish meal	50	50	50	50
Soybean meal	470	470	470	470
Corn gluten	40	40	40	40
Yellow corn	220	220	220	220
Wheat bran	160	155	155	150
Soya oil	40	40	40	40
Onion powder	0	5	0	5
Thyme powder	0	0	5	5
Vita & M ¹	20	20	20	20
Chemical analysis				
Dry matter	89.33	89.30	89.11	88.17
Crude protein	30.35	30.34	30.32	30.32
Crude lipid	7.24	7.01	6.99	7.20
Ash	4.91	4.85	4.84	4.83
Fiber content	5.46	5.46	5.45	5.46
NFE ²	52.04	52.34	52.40	52.19
GE ³ (MJ kg ⁻¹)	19.29	19.21	19.21	19.29
TQC ⁴ mg kg ⁻¹	-	1.93	-	1.93
TFC ⁵ mg kg ⁻¹	-	2.11	-	2.11
Thymol mg kg ⁻¹	-	-	2.32	2.32
p-Cymene mg kg ⁻¹	-	-	1.16	1.16
Carvacol mg kg ⁻¹	-	-	0.62	0.62

¹Vitamin and mineral mix (mg or g / Kg diet): MnSO₄, 40 mg; MgO, 10 mg; K₂SO₄, 40 mg; ZnCO₃, 60 mg; KI, 0.4 mg; CuSO₄, 12 mg; Ferric citrate, 250 mg; Na₂SeO₃, 0.24 mg; Co, 0.2 mg; retinol, 40000 IU; cholecalciferol, 4000 IU; α -tocopherolacetate, 400 mg; menadione, 12 mg; thiamine, 30 mg; riboflavin, 40 mg; pyridoxine, 30 mg; cyanocobalamin, 80 mcg; nicotinic acid, 300 mg; folic acid, 10 mg; biotin, 3 mg; pantothenic acid, 100 mg; inositol, 500 mg; ascorbic acid, 500 mg. ²NFE (Nitrogen free extract) =100-(crude protein + lipid + ash +fibre content).

³Gross energy calculated using gross calorific values of 23.63, 39.52 and 17.15 kj/g for protein, fat and carbohydrate, respectively according to **Brett (1973)**.

⁴Total quercetin content (mg/kg). ⁵Total flavonol content (mg/kg).

Chemical analysis of fish and experimental diets

The chemical composition of fish and diet samples were determined according to procedures of **AOAC (1995)**. Dry matter (DM) was determined after drying the samples in an oven (105°C) for 24 h and Ash by incineration at 550°C for 12 h. Crude protein was determined by micro-Kjeldhal method, N% × 6.25 (using Kjeltechauto analyzer, Model 1030, Tecator, Höganäs, Sweden) and crude fat by Soxhlet extraction with diethyl ether (40 - 60°C).

Statistical analysis

All data were analyzed by using the software SAS, version 6.03 (**SAS 1996**). Two-way analysis of variance (Two-way ANOVA) was used to determine whether significant variation existed between the treatments. When overall differences were found, differences between means were tested by **Duncan (1955)** new multiple range test. One-way ANOVA was used for analyzing the individual effects of phytobiotics (onion powder and thyme powder) and

the interaction. All differences were considered significant at P < 0.05 and the results are presented as means with pooled standard error of the mean.

Results

Growth performance of Nile tilapia fingerlings fed experimental diets for 84 days.

The main effects data showed that the dietary addition of onion (5 g kg⁻¹ diet) significantly increased the final body weight (FBW; P = 0.0001), weight gain (WG; P = 0.0001) and specific growth rate (SGR; P = 0.0130) of Nile tilapia (Table 2). Dietary thyme (5 g kg⁻¹ diet) significantly enhanced the FBW (P = 0.0001), WG (P = 0.0002) and SGR (P = 0.0002) of Nile tilapia. A significant interaction was observed between onion and thyme for FBW (P = 0.0038), WG (P = 0.0027) and SGR (P = 0.0045). The highest values of FBW (30.71 g), WG (26.22 g) and SGR (2.14) were obtained by fish fed diet supplemented with 5 g kg⁻¹ diet onion + 5 g kg⁻¹ diet thyme.

Table 2. Growth performance of Nile tilapia, *O. niloticus* fed experimental diets for 84 days.

Items	Phytobiotics (g kg ⁻¹ diet)		Growth performance			
	Onion	Thyme	IBW ¹ (g fish ⁻¹)	FBW ² (g fish ⁻¹)	WG ³ (g fish ⁻¹)	SGR (% day ⁻¹)
D1	0	0	4.50	28.64 ^f	24.13 ^f	2.06 ^d
D2	5	0	4.54	29.87 ^e	25.32 ^e	2.10 ^c
D3	0	5	4.49	30.29 ^d	25.82 ^e	2.13 ^{cb}
D4	5	5	4.51	30.71 ^d	26.22 ^d	2.14 ^b
Pooled SE			0.01	0.14	0.15	0.01
ANOVA (P value)						
Onion			0.450	0.0001	0.0001	0.0130
Thyme			0.473	0.0001	0.0002	0.0002
Onion × Thyme			0.062	0.0038	0.0027	0.0045

Duncan multiple range test was conducted for individual means only if there was a significant interaction (ANOVA: P < 0.05). Means followed by the same letter are not significantly different.

IBW¹ = initial body weight (g fish⁻¹); FBW² = final body weight (g fish⁻¹); WG³ = weight gain (g fish⁻¹); SGR⁴ = specific growth rate (% day⁻¹).

3.2. Feed intake and feed utilization of Nile tilapia fed experimental diets for 84 days.

The main effects of onion or thyme and their interaction on feed intake (FI), feed conversion ratio (FCR), protein efficiency ratio (PER) and protein productive value (PPV) of Nile tilapia are summarized in Table 3. The main effects data showed that the dietary addition of onion (5 g kg⁻¹ diet) significantly increased the FI (P = 0.0001) and PER (P = 0.0300) of Nile tilapia, but no significantly effected on FCR (P = 0.1355), PPV (P = 0.7506), FR (P = 0.2751) and ER (P = 0.3827). Dietary thyme (5 g kg⁻¹ diet) significantly enhanced the FI (P = 0.0001) and FCR (P = 0.0201) of Nile tilapia, but no significantly effected

on PER (P = 0.5994), PPV (P = 0.3779), FR (P = 0.7542) and ER (P = 0.4978). No significant differences were observed between onion and thyme for FI (P = 0.6108), FCR (P = 0.9471), PER (P = 0.9472), PPV (P = 0.4878), FR (P = 0.8492) and ER (P = 0.3189). The highest FI (37.02 g), PPV (43.15 %), FR (77.02 %) and ER(27.86 %) values were obtained by fish fed diet (D4) supplemented with 5 g kg⁻¹ diet onion + 5 g kg⁻¹ diet thyme. The best FCR value (1.41) was recorded by fish of D4. Furthermore, the highest value of PER was recorded by fish fed of D2 and D4 respactively.

Table 2. Growth performance of Nile tilapia, *O. niloticus* fed experimental diets for 84 days.

Items	Phytobiotics (g kg ⁻¹ diet)		Growth performance			
	Onion	Thyme	IBW ¹ (g fish ⁻¹)	FBW ² (g fish ⁻¹)	WG ³ (g fish ⁻¹)	SGR (% day ⁻¹)
D1	0	0	4.50	28.64 ^f	24.13 ^f	2.06 ^d
D2	5	0	4.54	29.87 ^e	25.32 ^e	2.10 ^c
D3	0	5	4.49	30.29 ^d	25.82 ^e	2.13 ^{cb}
D4	5	5	4.51	30.71 ^d	26.22 ^d	2.14 ^b
Pooled SE			0.01	0.14	0.15	0.01
ANOVA (P value)						
Onion			0.450	0.0001	0.0001	0.0130
Thyme			0.473	0.0001	0.0002	0.0002
Onion × Thyme			0.062	0.0038	0.0027	0.0045

Duncan multiple range test was conducted for individual means only if there was a significant interaction (ANOVA: P < 0.05). Means followed by the same letter are not significantly different.

IBW¹ = initial body weight (g fish⁻¹); FBW² = final body weight (g fish⁻¹); WG³ = weight gain (g fish⁻¹); SGR⁴ = specific growth rate (% day⁻¹).

3. Blood biochemical of Nile tilapia, *O. niloticus* fed experimental diets for 84 days.

3.1. Alanine aminotransferase (ALT, UL⁻¹) and aspartateaminotransferase (AST, UL⁻¹)

Data of onion or thyme and their interaction on alanine aminotransferase (ALT) and aspartate aminotransferase (AST) of Nile tilapia are showed in Table 4. The main effects data showed that the dietary

addition of onion (5 g kg^{-1} diet) significantly decreased the ALT ($P = 0.0222$) and AST ($P = 0.0371$) of Nile tilapia. A significant differences were observed in the ALT ($P = 0.0020$) and AST ($P = 0.0236$) of Nile tilapia as affected by thyme (5 g kg^{-1} diet). ALT value was significantly ($P = 0.0005$) affected by the interaction between onion and thyme, but no significantly ($P = 0.1129$) effected on AST.

The lowest (best) level of ALT was recorded by fish of D4 which fed diet supplemented with 5 g kg^{-1} diet onion + 5 g kg^{-1} diet thyme. Furthermore the best

level of AST was recorded by fish of D3 which fed diet supplemented with thyme 5 g kg^{-1} diet.

3.2. Serum of total protein, albumin and globulin

The main effects of onion orthyme and their interaction on serum of total protein, albumin and globulin of Nile tilapia are noted in Table 4. No significant ($P > 0.05$) differences were found in serum of total protein, albumin and globulin values as affected by the main effects of

Table 4. Biochemical indices of Nile tilapia fingerlings fed experimental diets for 84 days.

Items	Phytobiotics (g kg^{-1} diet)		Blood biochemical				
	Onion	Thyme	ALT (UL^{-1})	AST (UL^{-1})	TP (g dl^{-1})	AL (g dl^{-1})	GL (g dl^{-1})
D1	0	0	39.50 ^a	17.50 ^a	2.54 ^d	1.38 ^e	1.15 ^c
D2	5	0	38.50 ^{ab}	12.00 ^c	3.36 ^a	1.90 ^a	1.46 ^{ab}
D3	0	5	33.50 ^c	11.00 ^c	2.90 ^{cb}	1.75 ^b	1.15 ^c
D4	5	5	31.00 ^d	12.50 ^c	2.74 ^{cd}	1.47 ^{ed}	1.27 ^{cb}
Pooled SE			0.661	1.131	0.069	0.028	0.072
ANOVA (P value)							
Onion			0.0222	0.0371	0.2494	0.2138	0.5712
Thyme			0.0020	0.0236	0.9262	0.6556	0.7593
Onion × Thyme			0.0005	0.1129	0.0065	0.0536	0.2542

Duncan multiple range test was conducted for individual means only if there was a significant interaction (ANOVA: $P < 0.05$). Means followed by the same letter are not significantly different.

ALT= Alanine aminotransferase; AST= Aspartate aminotransferase.

TP= Total protein; AL= Albumin; GL= Globulin,

onion (5 g kg^{-1} diet) and thyme (5 g kg^{-1} diet). A significant interaction was observed between onion and thyme for serum of total protein ($P = 0.0065$), albumin ($P = 0.0536$) but no significantly effected on globulin ($P = 0.2542$). The highest values of total protein, albumin and globulin were recorded by fish of D2 which fed diet supplemented with onion (5 g kg^{-1} diet). Whereas, the lowest total protein, globulin and albumin values were estimated by fish fed on control diet (D1).

3.4. Proximate analysis of Nile tilapia, *O. niloticus* fed experimental diets for 84 days.

Data of onion or thyme and their interaction on proximate analysis; dry matter (DM), crude protein (CP), lipid and ash content of whole – body of Nile tilapia are showed in Table 5. With respect to the effect of dietary addition of onion, no significant differences were observed in DM ($P = 0.0678$), CP ($P = 0.1401$), lipid ($P = 0.4986$) and ash content ($P = 0.1835$) of fish fed diet supplemented with onion (5 g kg^{-1} diet). As described in Table 5, inclusion of thyme (5 g kg^{-1} diet) did not significant affected on DM ($P = 0.1438$), CP ($P = 0.0910$), lipid ($P = 0.7995$) and ash content ($P = 0.6913$) of Nile tilapia. With regard to the effected of

interaction between onion and thyme, no significant differences were found in DM ($P = 0.1474$), CP ($P = 0.0637$) and lipid ($P = 0.9025$), but significantly effected on ash content ($P = 0.0284$). The highest value of DM was recorded by fish fed the control diet, while, the lowest one was noted in fish fed diet (D2) supplemented with 5 g kg^{-1} diet onion. Furthermore, the highest value of CP was recorded by fish fed of both D2 and D4. The highest values of lipid and ash content were recorded by fish fed diet (D2) supplemented with 5 g kg^{-1} diet onion, while, the lowest values of lipid were noted by fish fed of both D1 and D3 but, the lowest value of lipid was noted by fish fed of D1.

Table 5. Proximate analysis of Nile tilapia, *O. niloticus* fed experimental diets for 84 days.

Items	Phytobiotic (g kg^{-1} diet)		Chemical composition (% on dry matter basis)			
	Onion	Thyme	DM	Protein	Lipid	Ash
D1	0	0	27.50 ^a	56.97 ^h	22.12 ^{ab}	12.54 ^{ed}
D2	5	0	25.94 ^{cb}	58.80 ^c	22.89 ^a	15.42 ^a
D3	0	5	26.47 ^{ab}	58.37 ^e	22.12 ^{ab}	13.28 ^{cde}
D4	5	5	26.73 ^{ab}	58.86 ^b	22.70 ^a	13.75 ^{cde}
Pooled SE			0.2067	0.320	0.1808	0.1964
ANOVA (P value)						
Onion			0.0678	0.1401	0.4986	0.1835
Thyme			0.1438	0.0910	0.7995	0.6913
Onion × Thyme			0.1474	0.0637	0.9025	0.0284

Duncan multiple range test was conducted for individual means only if there was a significant interaction (ANOVA: $P < 0.05$).

Means followed by the same letter are not significantly different.

DM= Dray mater.

Discussion

1. Growth responses and feed efficiency of Nile tilapia fed experimental diets

In the present study body weight and feed utilization were improved in fish group that received diet supplemented with mixture of 5 g kg^{-1} diet onion + 5 g kg^{-1} diet thyme; however, the addition of onion or thyme herb alone also significantly ($P < 0.05$) improved the growth performance of Nile tilapia fish. This improvement of body weight gains may be found due to the active materials in the herbal plants which increased the efficiency of utilization of feed, resulting in enhanced growth. Thymol and carvacrol from thyme are active material in the plant, which are considered as appetizer and stimulating of digestion, in addition to their antimicrobial activity against intestinal bacteria resulting of enhancing health status and growth (Jameel *et al.*, 2014). Thyme powder improved growth rate and survival rate in common carp diet ALsafah and AL-Faragi, (2017). The highest weight gain (WG) and the specific growth rate (SGR) were showed in Sobaity sea bream (*Sparidentex hasta*) which fed diets containing 1% thyme (Jahanjoo *et al.*, 2018). Diet supplemented with thyme improved growth and nutrient utilization in the European sea bass (*Dicentrarchus labrax*) (Yilmaz *et al.*, 2012). Dicu *et al.* (2013) reported that thyme supplemented diets significantly improved growth performance of Stellate Sturgeon (*Acipenserstellatus* Pallas, 1771) and their optimal growth was obtained at 2 % thyme. Also, Zaki *et al.* (2013) stated that *O. niloticus* fed with thyme (1% and 2%) levels had a positive effect on growth performance. On the other hand, Dorojan *et al.* (2014) found that stellate sturgeon (*Acipenserstellatus*) fed diet supplemented with 2% thyme (*Thymus vulgaris*) improved weight gain, specific growth rate, feed conversion ratio and protein efficiency ratio. Diet supplemented with 2,500 and 5,000 ppm dietary thyme powder improved FW, SGR and WG in Nile tilapia (El-Gendy *et al.*, 2010). Thyme powder improved final weight in Nile tilapia

diet Antache *et al.*, (2013). Costa *et al.* (2013) and Rainer and Lea, (2015) argued that combinations of phytobiotics products may have stronger growth-promoting effects than individual phytobiotics products. The mechanisms exerted with phytobiotics additives such as onion powder on growth performance are still little understood in fish and crustacean species (Cho and Lee, 2012; Akrami *et al.*, 2015). In addition, rainbow trout fed diets contained a mixture of thymol and carvacrol improved ($P < 0.05$) feed efficiency and growth (Giannenas *et al.*, 2012). On the contrary, no impacts of phytobiotics on growth and feed efficiency (Kim *et al.*, 2013; Takaoka *et al.*, 2016). The potential reasons for superiority of the combination phytobiotics than other treatments may be due to the benefit effect of phytobiotics together than when it was used individually. Moreover, phytobiotics may enhances the probiotic function through offer appropriate substrate for intestinal biota action. Thus, the combination of the onion and thyme could exert a beneficial effect on growth and feed efficacy, as presented in this study.

Blood biochemical parameters of Nile tilapia fed experimental diets

1. Alanine aminotransferase aspartate aminotransferase

ALT and AST as liver enzymes are important indicators for liver health and function through controlling transferring amino group function of alpha-amino acids to alpha-keto acids. In the present study, onion and thyme supplementation alone markedly improved the AST and ALT enzymes, this shows that the supplementation of onion or thyme did not cause any hepatic cell alteration. In this context, Fawole *et al.* (2020) noted that AST of catfish fed diet supplemented with onion powder was significantly ($P < 0.05$) lower than control group. (Shalaby *et al.*, 2006) showed that the activities of ALT and AST of Nile tilapia decreased significantly with increasing level of

Allium sativum. Antiradical and antioxidant characteristics of onion powder containing flavonoids led to prevent lipid peroxidation of cell membranes and finally suppress the release of liver damage enzymes such as AST and ALT into plasma (**Akrami et al., 2015; Cho and Lee, 2012**). Thyme essential oil (*Thymus vulgaris*) supplementation improved the activity of ALT and AST of gibel carp, *Carassius auratus gibelio* compared to the control fish group (**Zadmajid and Mohammadi, 2017**). Similarly, **Jahanjoo et al. (2018)** noted that diet supplemented with mixture of herbal medicine as 1% Garlic + 1% Ginger + 1% thyme improved the activities of ALT and AST of Sobaity Sea bream (*Sparidentex hasta*) Fry. On the other hand, **Akrami et al. (2015) and Cho and Lee (2012)** revealed that dietary onion powder did not show any significant effect on the activities of ALP, ALT and AST in Beluga *Huso huso* and Olive flounder, *Paralichthys olivaceus* respectively. To date, there is no exact clarification on how synergistic effect of phytogenic to stimulate the aminotransferase enzymes in aquatic animals, thus, future studies on the current topic are therefore recommended.

Total protein, albumin and globulin

Proteins are the most important compounds in serum and their concentration are considered as basic index for fish health status (**Misra et al., 2006; Alexander et al., 2011**).

Supplementation of thyme powder in *Cyprinus carpio* L. diets significantly enhanced in serum of total protein and globulin, but no significantly enhanced in albumin (**ALsafah and Faragi, 2017**). Supplementation of onion powder in goldfish diets had no significant ($P > 0.05$) effect on serum of total protein (**Cho and Lee, 2012**). Also, no significant ($P > 0.05$) difference was found in serum of total protein, albumin and total cholesterol of Common Carp (*Cyprinus carpio*) fed diet supplemented with onion powder (**Mousavi et al., 2016**). **Gulec, et al 2013** found that the total protein, albumin and albumin globulin ratio in rainbow trout fed thyme and fennel were higher than control. Similar findings were reported by **Sahu et al. (2007)** a mixture of 1% Garlic + 1% Ginger + 1% thyme supplementation, increased serum of total protein and albumin in treated of Sobaity Sea Bream (*Sparidentex hasta*) Fry compared to the control fish group (**Jahanjoo et al., 2018**).

Results of serum biochemical indices give an indicator for improved the response of health status of fish. Furthermore, the significant impact noticed in the current study might be due to the combined synergistic and therapeutic effect of onion and thyme. More researches are wanted to supply knowledge about the effect of dietary photobiotics on serum biochemical parameters.

4.3 Proximate analysis of whole fish of Nile tilapia fed experimental diets

In the present study, chemical composition of Nile tilapia did not affect by individual supplementation of onion or thyme and their interaction, while the crude protein was higher in fish fed diet supplemented with the combination of 5 g onion kg⁻¹ +5 g thyme kg⁻¹. Dietary onion powder supplementation caused in a decreased crude protein and crude lipid of catfish compared with the control (**Fawole et al., 2020**). The lower whole-body lipid content observed in fed onion or thyme powder could be attributed to the phytogenic capability in inducing lipid catabolism for optimum utilization by the fish. Onion can induce endogenous lipogenesis and increase lipid catabolism in rat (**Kumari and Augusti, 2007**). Also, **Waweru et al. (2019)** noted that Nile tilapia fed pawpaw seed powder had a significant decreased whole-body lipid composition. **Farrag et al. (2013) and Waweru et al. (2019)** noted that the whole-body constituent depletion often results in tissue hydration of inverse relationships between muscle lipids and moisture content.

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تأثير إضافة الفيتوبيوتك على النمو والصفات الكيماوية للدم والتحليل الكيماوى لأسماك البلطى النيلى.

هانى صبحى عبده¹, محمد شعبان حسان², هياام دسوقى تونسى¹, عبدالكريم إبرهيم محمد السيد²

¹ قسم بحوث الإستفادة من المخلفات - معهد بحوث الإنتاج الحيوانى - مركز البحوث الزراعية.

² قسم الإنتاج الحيوانى - كلية الزراعة - جامعة بنها.

أجريت تجربة عاملية 2×2 لدراسة تأثير إضافة الفيتوبيوتك (مسحوق البصل بمعدل 0,0 جم/كجم علف، ومسحوق الزعتر بمعدل 0,05 جم/كجم علف) والتدخل بينهما على النمو، والإستفادة من الغذاء، ومقاييس الدم، والتحليل الكيماوى لجسم أسماك البلطى النيلى. تم تكوين أربع علاائق تجريبية، العليقة الأولى لا تحتوى على أي إضافات، العليقة الثانية تحتوى على 5 جم/كجم مسحوق البصل، العليقة الثالثة تحتوى على 5 جم/كجم مسحوق الزعتر، العليقة الرابعة تحتوى على 5 جم مسحوق البصل + 5 جم مسحوق الزعتر/كجم علف. وعلى ذلك تم تقسيم الأسماك إلى أربع مجموعات وزعت عشوائياً على 8 تانكxات على أن تحتوى كل مجموعة على اثنين من المكررات ثم وزعت الأسماك بمعدل 25 سمكة/تانك ($\pm 4,51$ جم/سمكة) لمدة 84 يوم. سجلت العليقة الرابعة أعلى قيمة لكلا من متواسطات الوزن النهائي، وزن الجسم المكتسب، أفضل قيمة لكفاءة تحويل البروتين، والدهن المحتجز، والطاقة المحتجزة والتي تحتوى على (5 جم مسحوق البصل/كجم علف + 5 جم مسحوق الزعتر/كجم علف). بينما سجلت العليقة الثانية والتي تحتوى على (5 جم مسحوق البصل/كجم علف) أعلى معدل للنمو النسبي. سجلت العليقة الرابعة أفضل قيمة لمعامل التحويل الغذائي. لوحظ إنخفاض في نشاط ALT, AST بصورة معنوية بإضافة مسحوق البصل والزعتر بمعدل (5 جم /كجم علف). هذا بالإضافة إلى العليقة الثانية أظهرت أعلى قيمة لكلا من متواسطات نسبة البروتين الكلى، والألبومين والجلوبولين والتي تغذت على عليقة تحتوى على(5 جم مسحوق البصل/كجم علف)، بينما سجلت عليقة الكنترول أقل قيمة لكلا منهم. إضافة مسحوق البصل والزعتر إلى علائق اسماك البلطى النيلى كان له تأثير إيجابى معنوى على نسبة البروتين فى أجسام أسماك البلطى.