

Characteristics of Acid Soluble Collagen from Catfish (*Clarias Lazera*) Skin

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Abstract

Fish wastes such as skin, scales, bones and fins are major by-products in the fishery and aquaculture industries have received significant attention in recent years as an alternative source of collagen. Acid-soluble collagen (ASC) was extracted from the skin of catfish (*Clarias lazera*). It was characterized in terms of chemical composition (moisture, protein, fat and ash content), Thermal denaturation temperatures (Td), solubility, SDS-PAGE and amino acid analysis. The results indicated that the yield of ASC was 5.2% (wet weight basis). The chemical compositions of raw skin were 56.62%, 32.50%, 6.67 and 2.93% while the chemical compositions of ASC 14.03 %, 83%, 1.5% and 1.44% for moisture, protein, fat, and ash, respectively. The distinct absorption of collagen was obtained near 230 nm .The Maximum solubility was (3 mg/ml) in 0.5 M acetic acid at pH 2.5. The denaturation temperature (Td) of ASC was 27 °C and Hunter color L, a, and b values were 76.90, - 3.36 and 13.98 respectively. In conclusion, the characteristics of the isolated ASC indicate that catfish skin had good yield of collagen and it could be served as alternative source of collagen for some applications.

Keyword: Collagen, Catfish, Amino acid, denaturation temperature.

Introduction

Collagen protein generally produced from animal by-products which comprising approximately 25-30% of total protein. It is found in bones, tendons, ligaments, eye lenses, skin, and corneas, At least 29 different of collagen from a variety of animal tissues has been identified, and each type of collagen has its specific amino acid sequence and molecular structure (**Sinthusamran et al., 2013**). In recent years, acid extraction and pepsin hydrolysis was a common method used for extracting the collagen. Specifically, acetic acid has often been used as a solvent for the extraction of collagen (**Jongjareonrak et al., 2005**). Some researchers have addressed ways of obtaining collagen from different animal sources, such as bovine and pig and widely used in food, biomedical, cosmetic, and pharmaceutical industries, However, the outbreak of bovine spongiform encephalopathy (BSE) and the foot and- mouth disease (FMD) (**Wang et al., 2014**), In addition, collagen obtained from pork cannot be used in certain foods for religious reasons. Thus, there is need to find an alternative other source of collagen. Fish is one of the candidates' as such alternative source due to fish is unlikely to be associated with prion diseases. About 25-30% of fish processing waste consists of scale, skin, and bone, which are good source of collagen and have received more attention as collagen sources (**Kittiphattanabawon et al., 2005**). During the fish processing, a large amount of wastes, 50% to 70% of the original raw materials are generated, including skin, bone, viscera, and head from these residues, it is possible to produce collagen, with an important increased of fish waste value (**Pati et al., 2010**).

Egypt produced 36468 MT catfish equal 2.14% from total fish production (**GAFRD, 2016**). During fish processing, large amounts of byproducts, such as skins, head and bones, are discarded. Recently,

collagens from several fish species have been isolated and characterized (**Nagai and Suzuki 2000**).

Fish collagens vary considerably in their amino acid composition. In particular, the levels of imino acids (proline and hydroxyproline) differ considerably from one fish species to another (**Gudmundsson and Hafsteinsson, 1997**). The amount of imino acids, in particular hydroxyproline, depends on the temperature of fish lives and influences the thermal stability of the collagens (**Jongjareonrak et al., 2005**). The aims of this study are to isolate and characterize acid soluble collagen (ASC) extracted from Nile catfish skin..

Materials and Methods

2.1 fish skin preparation

Life catfish (*Clarias lazera*) purchased from the fishery market and transported in ice to Food Science Laboratory Faculty of Agriculture Minia University. The average weight and length of the fish were 1500 g and 61 cm, respectively. Fish samples washed with tap water. The catfish skins were removed manually, cut into to small pieces (0.5 × 0.5 cm) , washed with cold distilled water, packed in a polyethylene bag and stored at -20°C until further use.

2.2Extraction of acid soluble collagen (ASC)

Fish collagen was extracted using the methods of **Zhang et al. (2009)** with slight modification. All collagen extraction steps were performed at the temperature not higher than 7 °C (**Hadfi and Sarbon, 2018**).

The skin pieces were stirred in 0.1 M NaOH at a ratio of 1:8 (w/v) for 24 hours for removing non-collagenous proteins and the extraction solution was changed every eight hr. The skins washed with cold distilled water until a neutral pH of 7 was achieved and defatting with 10 volumes of 10% butyl alcohol for 48 hrs. The defatted skins were washed with cold

water and collagens were extracted by acetic acid solution (Kiew and Don, 2013).

$$\text{Yield of collagen} = \frac{\text{Weight of collagen (g)}}{\text{Weight of skin (g)}} \times 100\%$$

2.3 Proximate analysis

Moisture, protein, ash and total fat content were determined by AOAC (2000). A conversion factor 5.4 was used for calculating the protein content from nitrogen content.

2.4 Protein concentration

Protein concentration was measured with Lowry's method (Lowry *et al.*, 1951); the protein standard was Bovine serum Albumin. Collagen concentration was quantified using (T80 UV-VIS-spectrophotometer) at 750 nm.

2.5 Characterization of the extracted collagen

2.5.1 UV-Vis measurement

Collagen was scanned at wavelength ranged from 220 to 600 nm at room temperature according to (Anamdan *et al.*, 2013)

2.5.2 Amino Acid Analysis

Collagen samples were hydrolyzed in 6 N HCl at 110°C for 24 hr. and the hydrolysates were analyzed by HPLC an amino acid analyzer (Ishida *et al.*, 1981).

2.5.3 SDS-Polyacrylamide Gel Electrophoresis (SDS-PAGE)

SDS-PAGE was performed according to the methods of Laemmli, (1970).

2.5.4 Effect of pH on solubility:

The effect of pH on the solubility of collagen was determined at pH range (1-10) according to method of Montero *et al.*, (1991)

2.5.5 Determination of collagen denaturation temperature

The denaturation of collagen in solution was performed according to the method described by Pati *et al.* (2010) with slight modifications. A Brookfield viscometer beaker was filled with 0.3% (m/v) collagen solution in 0.05 M acetic acid. Collagen solution viscosities were measure at temperature from 8°C up to 50°C. Fractional viscosities were computed for each temperature. The fraction change was calculated from the viscosity measurement obtained with the below equation. Where, C is the collagen concentration (mg/mL), ϵ_1 is the viscosity at 8°C, ϵ_2 is the viscosity at measured temperature (°C) and ϵ_3 is the viscosity at 50°C.

$$\text{Fraction change} = \frac{[(\epsilon_2/C) - (\epsilon_3/C)]}{[(\epsilon_1/C) - (\epsilon_1/C) - (\epsilon_3/C)]}$$

The denaturation temperature was taken to be the temperature at which fractional viscosity was 0.5.

2.6 Color measurement:

Sample was measured using a colorimeter (color Tec PCM colorimeter Tec. NJ, USA) five readings of each collagen sample were average for color measurement. The results were expresses as Hunter L (lightness), a

(redness), and b (yellowness) color values. (Shon *et al.*, 2011)

Statistical analysis

Three replicates were measured for each sample. All quantitative data were shown as the average \pm standard deviation.

3. Results and discussion

3.1. Yield of extracted collagen from catfish skin

Yield of extracted collagen from catfish skin .The yield of ASC from the skin of catfish was 5.2% (wet weight basis) (table 1). This result was agreement with singh *et al.* (2011), who stated that the yield of ASC isolated from the skin of catfish 5.1% (based on the wet weight of skin). This result was similar to the yield of ASC extracted from bigeye snapper skin was 6.4% (wet weight basis (Kittiphattanabawon *et al.*, 2005), whereas for brownstripe red snapper skin, the yield of ASC was 4.7% (wet weight basis) (Jongjareonrak *et al.*, 2005). the yield of silver catfish was 10.49% (wet weight basis)

(Hukmi and Sarbon, 2019). This indicated that the skin of catfish can be a useful source of collagen.

Table 1. Yield of acid soluble collagen ASC and protein concentration from catfish skin

sample	Yield of acid soluble collagen (ASC) (%)	Protein concentration (mg/ml)
Catfish skin	5.20	0.810 \pm 0.102

In this study Collagen in skin was solubilized to high extent by 0.5 M acetic acid extraction Although skin contained high protein; the yield of collagen was relatively low (5.2%). This result suggested a high amount of cross-links at the telopeptide region as well as other intermolecular cross-links, leading to low solubility of collagen in acid (Anandan *et al.*, 2011). The protein concentration of (ASC) was 0.810 mg/ml, one of the factors effected the protein concentration is the content of imino acid (proline + hydroxyproline) (Matmaroh *et al.*, 2011). Thus, the higher protein concentrations in collagen may be attributed to higher levels of glycine, hydroxyproline and proline contained in the collagen (Hukmi and Sarbon, 2019).

3.2 Proximate analysis of catfish skin

Skin of catfish contained low moisture (56.62%). thesis result lower than the skin from bigeye snapper contain a high moisture (64.08%; Kittiphattanabawon *et al.*, 2005), and balloon fish skin (62.23%; Huang *et al.*, 2011), whereas the Protein content in catfish was high in skin (32.50%) based on the wet weight (Table 2).

Table 2. Proximate composition of skin from catfish and the acid soluble collagen

Sample	Moisture	Protein	Fat	Ash
Catfish Skin	56.62 ±0.387	32.50±0.268	6.67±0.190	2.93±0.195
(ASC) Collagen	14.03± 0.480	83±0.126	1.5±0.246	1.44±0.132

(n=3), ± = SD

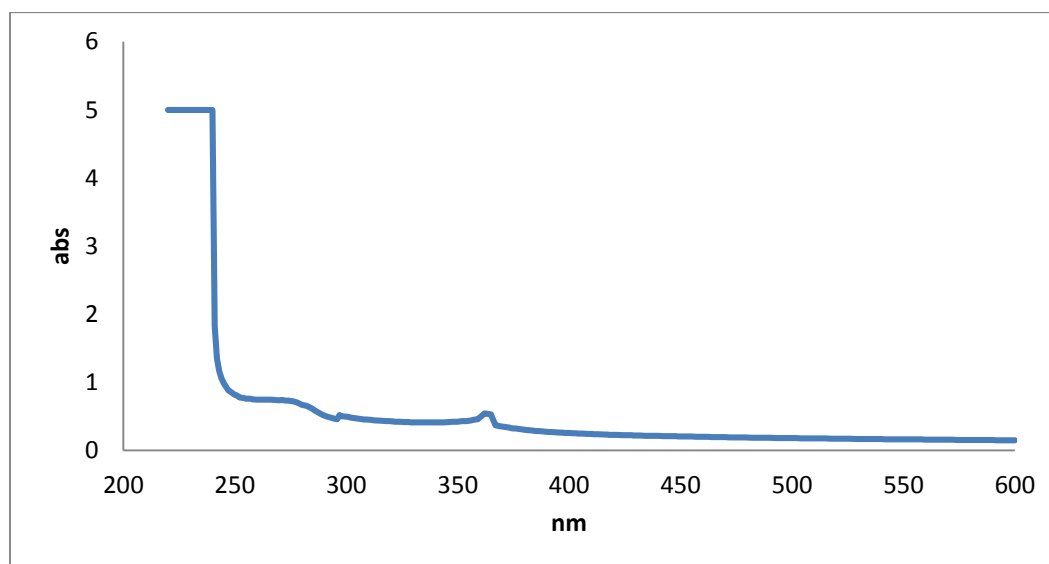
Muyonga et al., (2004) stated that the skin of Nile perch contained 20–22% of protein, which is lower than our study and agreement with (**Kittiphattanabawon et al., 2005**) who said the bigeye snapper skin contained 32% of protein. Lipid and ash contents in catfish skin are 6.67% and 2.93% (wet weight basis), respectively. Collagen sample had low moisture content 14.03%. Furthermore the fat content for ASC was 1.5±0.246.

The low fat amount in the isolated collagen showed an efficient defatting process. A study conducted by **Shahiri et al. (2012)** found only 0.31 (ASC) fat content in rainbow trout (*Onchorhynchus mykiss*) collagen.

However, **Tan and sam (2017)** recorded that the fat content for ASC of collagen isolated from Channel Catfish (*Ictalurus punctatus*) Skin was 0.92%.

3.3. Ultraviolet Spectra

UV–Vis spectra of the extracted collagens, was an absorbance near 200–240 nm. There was little or no absorption peak at 280 nm. The results indicated that the high efficiency of non-collagenous protein removal. The absorbance in this region is similar to those of collagens extracted from channel catfish skin (**Liu et al., 2007**) and largefin longbarbel catfish (**Zhang et al., 2009**).


Fig.1: UV absorption spectrum of ASC from catfish skin

Previous research showed that collagen generally has a low amount of tyrosine which can absorb UV-light at 280 nm (**Anandan et al., 2011**], whereas, Tryptophan is completely absent in collagen and have negligible amount of tyrosine. Also, this result also proved that a product of high purity was obtained for ASC from catfish skin.

3.4 Amino acid analysis

Table 3 showed the amino acid content of the ASC extracted from the skin of catfish. The collagen was rich in glycine (228.5 residues) and alanine (102.1 residues) followed by proline, glutamic acid and hydroxyproline. It was also very low in cysteine, methionine and histidine, like other collagens (**Gudmundsson and Hafsteinsson, 1997**).The imino

acid content of the ASC was 166.1 per 1,000 residues, which was similar to those of the balloon fish and ornate threadfin bream, (**Huang et al., 2011 and Nalinanon et al., 2011**), and lower than those of fish collagen such as grass carp skin collagen (186 residues/1000 residues) (**Kittiphattanabawon et al., 2005**).

Sikorski et al. (1984) reported that, the hydroxyproline content was commonly lower in fish collagen than animal collagen, which was a ranged 40–80 residues/1,000 amino acid residue in fish as compared to 100–130 residues/1,000 amino acid residues in meat). Therefore the imino acid content of fish collagen was lower than those of mammalian collagens (**Li et al., 2013**).

Table 3. Amino acid composition of catfish skin (ASC) collagen of catfish (amino acid residues per 1000 total amino acid residues).

Amino acid	Acid soluble collagen (ASC)
Glutamic acid	85.5
Aspartic acid	55
Serine	49
Glycine	228.5
Histidine	8.3
Arginine	79.3
Threonine	36.1
Alanine	102.1
Proline	95.2
Tyrosine	26.7
Valine	22.2
Methionine	11.5
Cysteine	1.8
Isoleucine	11.7
Hydroxyproline	71.1
Leucine	26.7
Phenylalanine	19.8
Lysine Imino acids	69.6
	166.3

The amino acid content of collagen from catfish skin was almost similar to those of collagen from freshwater fish such as channel catfish and carp (Tan and Sam, 2017) and (Duan et al., 2009).

3.5. SDS-PAGE of extracted (ASC) collagen:

The result of electrophoretic analysis of ASC from catfish skin is shown in Fig.2. The lane 1 represents protein marker, while lane 2 consists of ASC protein fractions. The SDS-PAGE pattern showed that ASC consisted of two different α chains, $\alpha 1$ and $\alpha 2$, also contained of high molecular weight (MW) components including β and γ components, α chains in the range of 109–130kDa similar to that reported by Hsieh et al., 2016). While β -dimer at 212 kDa were

similar to the results reported by Zhang et al. (2009). It was suggested that ASC isolated from catfish skin was probably type I collagen, which consisted of two $\alpha 1$ chains and one $\alpha 2$ chain. Similar result of electrophoretic of type I collagen from catfish skin was reported by Jongjareonrak, et al. (2005), (Nagai et al., 2008), trout (Montero et al., 1990), Nile perch (Muyonga et al., 2004), and bigeye snapper (Kittiphattanabawon et al., 2010). Muyonga et al., (2004) stated that the Type I skin collagen of Nile perch which consisted of two $\alpha 1$ and one $\alpha 2$ chains. Whereas Collagen extracted from Baltic cod skin had α chains with below 116 kDa molecular weight (Skierka and Sadowska 2007).

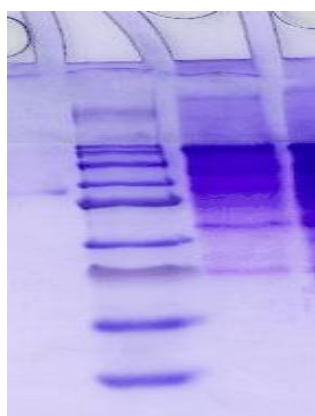


Fig. 2: SDS-PAGE patterns of ASC from the skin of catfish. Lane 1: protein markers; lane 2: collagen from skin.

3.4. Effect of pH on collagen solubility

ASC showed a maximum solubility at pH 2.5 (fig 3). This the data similar as the results reported by Jongjareonrak et al., 2005) and (Singh et al., 2011) for striped catfish. In general, collagen was solubilized

in the acidic pH range (1–4) (Jongjareonrak et al., 2005). When the pH is higher or lower than isoelectric points, the net charge of protein molecules are better and the solubility is increased by the repulsion forces between chains (Vojdani, 1996). In contrast, when

the hydrophobic–hydrophobic interaction increases, leading to the aggregation and precipitation at the pI (Foegeding et al., 1996)

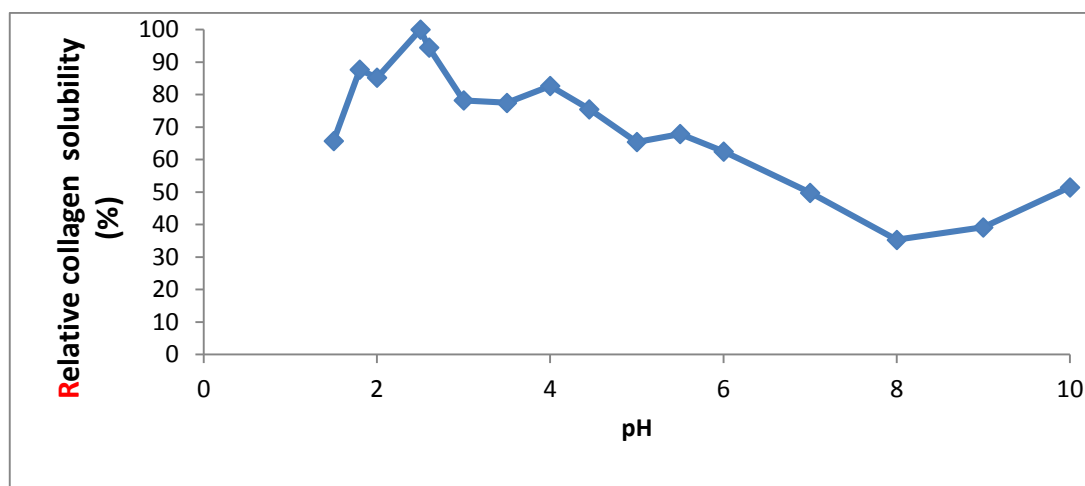


Fig. 3: Solubility of ASC from catfish skin in 0.5 M acetic acid at different pH

Foegeding et al., (1996) reported that collagen has isoelectric points ranging from pH 6 to 9. When pH increased from 7 to 10, a slight increase in solubility of ASC was found. This might be due to the increased repulsion of collagen molecules with increasing negative charge (Hsieh et al., 2016). Thus, collagen was highly soluble in a very acidic pH range.

3.5. Thermal denaturation temperature of collagen

The Td of catfish skin collagen was found to be 27 °C (Fig. 3). This result was similar to the collagens from other fish skins, including bigeye Snapper (28.7

°C) (Kittiphattanabawon et al., 2005) and paper nautilus (27 °C) (Nagai et al., 2002). On the other hand, The Td of collagen from the skin of catfish was higher than Td values of 16.1 °C, 19.4 °C were reported for Chum salmon muscle collagen (Kimura et al., 1988), Deepsea redfish skin (Wang et al., 2008) respectively. Generally, the Td of collagen of fish living in cold environments is lower than the fish species living in warm environments (Duan et al., 2009)

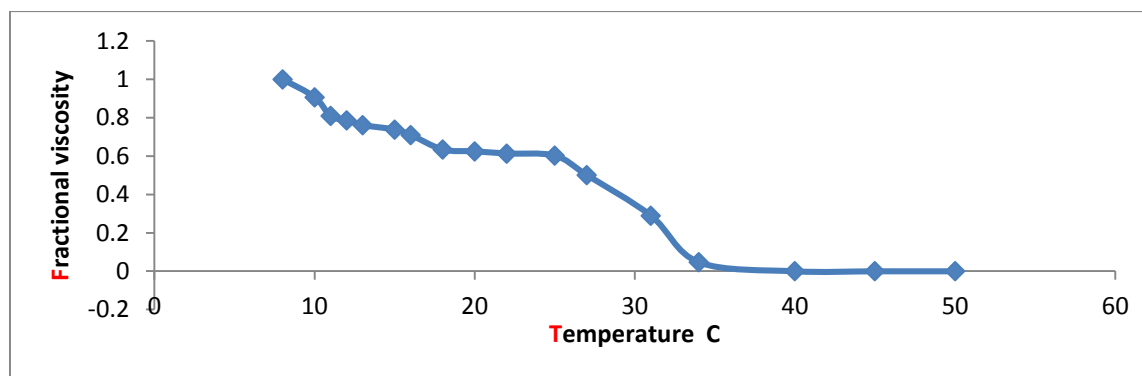


Fig.4: Thermal denaturation curve of acid-solubilized collagen of catfish skin

These results further proved that the helices of collagen from catfish skin had lower stability than those of mammalian collagens. The increasing of imino acid content resulted in increased denaturation temperature of the collagen (Piez and Gross, 1960). Collagen from fish waste generally lost its viscosity at approximately 50 °C.

3.6 Color measurements:

The color values (L, a, b) of collagen powder extracted from catfish skin varied with pretreatment of collagen (Table 4). The color value L, which reflects

lightness, was affected by the extraction solution, was 76.9 for collagen sample, indicating good visual whiteness. The collagen extracted from catfish skin had a white color. In respect to color the collagen is equal to commercial products. Therefore, collagen powder from catfish skin, if added in food products, is not likely to negatively impact the color of final products. The Hunter color b value was 13.98 for collagen sample. The Hunter color b value of catfish skin collagen increased as extraction time increased.

Table 4. The Hunter color values of collagen powder extracted from catfish skin

	L	a	b
Skin collagen	76,9 ±1.146	-3.360 ±1.765	13.98 ±0.865
(n=3), ± = SD			

A difference in the color values at different extraction solution is due to the protein denaturation and structural change by hydrolysis. One of the most important features of collagen, with regard to its use, is color (Skierka and Sadowska, 2007). Collagen entirely devoid of color is difficult to obtain due to the presence of pigment in fish skins. Leaching of catfish skins with 0.5 M acetic acid 24 hr, followed by homogenization and centrifuging, leads to a colorless collagen solution (Shon et al., 2011).

Conclusions

ASC had protein concentrations 0.81 mg/mL the distinct absorption of collagen was obtained near 230 nm. The Maximum solubility was (3 mg/ml) in 0.5 M acetic acid at pH 2.5. The denaturation temperature (Td) of ASC was 27 °C and Hunter color L, a, and b values were 76.90, - 3.36 and 13.98 respectively. In conclusion, the characteristics of the isolated ASC indicate that catfish skin had good yield of collagen and it could be served as an alternative source of collagen for some applications.

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خصائص الكولاجين الذائب في الحامض المعزول من جلد سمك القرموط النيلي

حسين عبدالجليل عبدالعال وهاني مصطفى علي محمد وسناء احمد صالح و ريم محمد الحسيني

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يستخدم الكولاجين في العديد من التطبيقات في الصناعات الغذائية و الطبية و الصيدلانية لكن نظرا لتكلفته العالية اصبح محدود الاستخدام. وكمية كبيرة من جلد الأسماك يتم التخلص منها كمخلفات مع انها قد تكون هذه الجلود مصدر مهم للكولاجين. لذا الهدف من هذه الدراسة هو عزل و دراسة صفات الكولاجين الذائب في الحامض المستخلص من جلد سمك القرموط النيلي. حيث تم تقدير التركيب الكيميائي (الرطوبة البروتين الدهن, الرماد) للجلد الخام و الكولاجين الذائب في الحامض ,درجة الحرارة التي يحدث فيها الدنترة والذوبان تم اللون L, a, and b و SDS-PAGE وامتصاص الضوء المرئي والغير مرئي و تحليل الاحماض الامينية للكولاجين الذائب في الحامض. اظهرت النتائج ان نسبة تصافي الكولاجين الناتج 5.2% على اساس الوزن الرطب للجلد. وكان التركيب الكيميائي للجلد الخام 56.62%, 32.50%, 6.67%, 2.93% بينما التركيب الكيميائي للكولاجين الذائب في الحامض 14.03%, 83%, 1.5% و 1.44% من الرطوبة , البروتين , الدهن و الرماد على التوالي . كما وجد ان الكولاجين بحتوى على نسبة عالية من الاحماض الامينية الجليسين والالين. وجد ان امتصاص الكولاجين كان بالقرب من الطول الموجى 230 نانوميتر .وكانت اعلى درجة ذوبان (3 mg/ml) في حامض خليك تركيز 0.5M عند pH 2.5 . ودرجة الحرارة التي حدث عندها دنتره 27 ° م و قيم اللون(L, a and b) كانت 76.90 , -3,36 و 13.98 على التوالي.

نستنتج من هذه الدراسة ان جلد سمك القرموط النيلي مصدر جيد للكولاجين (الذائب في الحامض) و يمكن استخدامه كمصدر بديل لإنتاج الكولاجين